



# Advanced Imaging Center

## **Arthrogram: General Pre/Post Procedure Instructions**

You should refrain from eating for 6 hours prior to the procedure.

Clear liquids are fine up to 2 hours before the procedure. Take your routine medications before the procedure (such as high blood pressure medications) except stop aspirin and all anti-inflammatory medications

(e.g. Motrin/Ibuprofen, Naprosyn/Naproxen, Aleve, Relafen, Daypro, Indocin, Celebrex, Vioxx, Trilisate, etc.) 5 days before the procedure. If you are taking oral (pill form) diabetes medication, DO

NOT take the medication the morning of the procedure. If you are taking insulin injection, inject only HALF of the usual scheduled dose the morning of the procedure. If you are taking St. John's Wort, Ginkgo, Ginseng, or Garlic supplements, you will need to stop these 5 days prior to the procedure. All of your routine medicines and supplements can be re-started after the procedure on the same day. You may take your regular pain medicine as needed before/after the procedure. If you are taking

Coumadin/Warfarin, heparin,

Lovenox/Enoxaparin, please call the physician who prescribed the medication prior to your visit. If you are taking Plavix/Clopidogrel,

Ticlid/Ticlopidine, or Pletal/Cilostazol, you must notify our office and the physician who prescribed the medication so that the timing of stopping these medicines can be explained. If you are on antibiotics, please notify our office, we may postpone the procedure until you have finished the medicine. If you have an active infection or fever, we will not perform the procedure. If you are a woman of childbearing age and you know or suspect that you may be pregnant, we will not perform the procedure. If you have a known allergy – rash, hives, or anaphylaxis – to iodinated contrast agents, please contact our office

1 week prior to your procedure. You may need to bring a driver with you. You may return to your current level of activities the next day, including return to work.